

## **Bone Density Testing Patient Instruction Sheet:**

**Appointment Date:**\_\_\_\_\_ **Time:**\_\_\_\_\_

- Dress in comfortable clothes
- No metal zippers or closures from the shoulders to the hips
- No calcium supplement 24 hours prior to test
- No x-ray dye or contrast materials 7 days prior to test
- No bath powder

Your test will be done at our Regional Arthritis & Osteoporosis Center located at

Medical Consultants  
800 S. Tillotson Ave.  
Muncie, IN 47304

Thank you,